



Monday, 9th June, 2008

Chapter One Closed for Inventory

Chapter One will be closed for inventory count 28thJune - 30thJune. Normal business hours will resume on 1st July. Chapter One apologizes for any inconvenience caused.

Signing of Agreement

The College and University of Technology, Kingston, Jamaica will sign an agreement on Thursday, 12th June to offer the Bachelor degree programme in Pharmacy. The collaboration has come as a result of a request from the Ministry of Health recognition of the country's need for qualified pharmacists, particularly in the Family Islands. The University of Technology has a strong reputation in the sciences and Pharmacy is its signature programme. The programme will enable students to take classes at The College for the first two years and then go to the University of Technology to complete the third and fourth years.

Summer Fitness

The Wellness Centre is offering aerobics this summer for all employees and students. Three different forms of aerobics will be offered.

1. Soca aerobics is an intense workout that builds endurance will be offered Monday – Thursday from 5:00 p.m. – 6:00 p.m.
2. Pilates is a body conditioning routine that seeks to build flexibility and strength and will be offered Tuesday and Wednesday from 4:00 p.m. – 5:00 p.m.
3. Sculpt and tune is an intense regiment that also builds strength and coordination without adding muscle bulk. This session will be offered on Tuesdays from 5:00 p.m. – 6:00 p.m.

Interested persons are asked to contact Bradley Cooper at Ext 4592.

Public Lecture

The office of Research, Graduate Programmes and International Relations announces a lecture with Dr. Roslyn Howard, associate professor University of Central Florida and Dr. Uzi Baram, associate professor New College of Florida, on Tuesday, 17th June at 10am in the lecture theatre of the Michael Eldon Complex. The lecture topic: "Bridging the Gulf: Exploring the Historical & Contemporary Linkages of "Looking for Angola" to Florida and The Bahamas."

The presentation will examine the historical and archaeological connections between the Angola, a 19th century Florida maroon community and the plausible linkage between the Bahamian community of Red Bays on Andros Island. Dr. Howard and Dr. Baram will also discuss the strategies designed to engage the participation of school children from Red Bays, Andros and Sarasota, Florida in a public anthropology project.

Corporate Etiquette, International Protocol...

Culinary & Hospitality Management Institute Industry Training Department present Corporate Etiquette, International Protocol and Dining Seminar Series conducted by Èlan Global Strategies of Washington D.C. beginning Tuesday, 2nd July – Saturday, 5th July, 2008 from 9:00 – 5:00 p.m. at the Bahamas Tourisms Training Center. The cost is \$652.00 per person. Deadline for registration is 16th June, 2008. Contact Ms. Florina Turner at 323-5804 or email fturner@cob.edu.bs for further information.

Out Of Office

Dr. Danny Davis, Registrar will be out of office from 9th -18th June, 2008 on vacation. Information requiring the attention of the Registrar may be directed to Natasha Williamson at Ext 4490.

Prestonia Wallace, Assistant Director, Janitorial Services is be out of office from 10th-18th June, 2008 on vacation. Information requiring her attention may be directed to Wilhemenia Greene, Janitorial Supervisor at Ext 450.7

Volunteers are needed for COB initiatives...

Volunteers are being sought for The College's beautification and paper reduction initiatives. Volunteer committees have been formed and an invitation is extended to the college family to participate. The committees formed thus far are the Electronic Forms Project, Campus Beautification Summer Project and the Document Retention and Disposal. The respective chairpersons are Dr. June Wilson, Mr. Anthony Burrows and Ms. Prestonia Wallace. For further information please contact the chairpersons.

Faculty Survey of Student Engagement 2008...

Time is running out! The FSSE 2008 continues for teaching faculty who received invitations to be a part of the study. Faculty members wishing to participate should check their college email for instructions to access the survey form. The Planning Unit encourages faculty to use the information on student engagement and thanks those

faculty who have participated. Additionally, the unit is requesting dates for the Events Calendar for the period August 2008 to July 2009. Please send details of your events to William Fielding at wfielding@cob.edu.bs as soon as possible.

Coastal Awareness Photo Essay Competition...

This photographic essay competition sponsored by the Bahamas Reef Environment Educational Foundation (BREEF) is designed to promote an appreciation for the coastal environment. The photo essay is a combination of images and text that tell a story to inform, educate and evoke a response in the viewer. All images must be original and taken by the entrant in The Bahamas. The text submitted with the image should make a clear link between the photograph(s) and the selected theme. Interested persons may submit digital entries to Charlene@breef.org or hard copies mailed to BREEF, P. O. Box N-7776, Nassau, Bahamas.

BTC Blood Drive: 'Every Drop Counts'- 14th June

Presented by BTC in conjunction with Princess Margaret Hospital and Doctors Hospital, BTC presents the 2nd Annual Blood Drive on Saturday, 14th June from 11:00 a.m. – 4:00 p.m. at the Mall at Marathon. Please call Indira Collie at 424-2406 for more details.

Health Tip for the Week:

Eat Healthy, Cut Fat. Avoid the obvious such as fried foods, burgers and other fatty meats (i.e. pork, bacon, ham, salami, ribs and sausage). Dairy products such as cheese, cottage cheese, milk and cream should be eaten in low fat versions. Nuts and sandwich meats, mayonnaise, margarine, butter and sauces should be eaten in limited amounts. Most are available in lower fat versions such as substitute butter, fat free cheeses and mayonnaise. Thought for the week: Lean, mean, fat-burning machine.... Then be one

Safety Tip for the Week:

When using the ATM always remember to be cautious of a few things. Never accept help from strangers when using an ATM. You should also be wary of strangers asking for help, criminals work in teams- one to distract you while the other steals your card or money. Be alert and conscious of your surroundings when using the ATM. Never use an ATM with a blank screen and, if the ATM is obscured from view or poorly lit, leave immediately and find another ATM. Stand close to the ATM and use your body and hand as shield to make sure nobody sees you keying in your pin. Also, make sure you keep your hand over the card slot to make sure nobody can swop or take your card. If you need help, always ask a bank official.

The College of The Bahamas Bulletin is issued weekly. If you have information that is pertinent to The College community, particularly those that require mass mailing, please email bulletin@cob.edu.bs