



Monday, 16th June, 2008

Staff Forum

The monthly Staff Forum for the month of June scheduled for 18th June, 2008 has been postponed.

ID Badge

The Office of Admissions will be taking staff ID beginning Wednesday, June 25, 2008. Please find the schedule below:

Wednesday, June 25

School of Business
School of English Studies
School of Sciences and Technology

Thursday, June 26

School of Social Sciences
School of Nursing and Allied Health
School of Communications and Creative Arts

Friday, June 27

President's Office
Office of Secretary General
Int'l Languages/Cultures I
Human Resources
GCC
Office of Communication

Monday, June 30

Culinary & Hospitality Management Institute
LLB Programme
Graduate Office
MIS
CEES
Office of VP Outreach

Tuesday, July 1	Physical Plant Department
Wednesday, July 2	Physical Plant Department
Thursday, July 3	Security Department
Friday, July 4	Office of VP Financial Affairs Business Office Chapter One Bookstore Copy Centre Purchasing Officer/Storage Office of VP Student Affairs
Monday, July 7	Registrar's Office Admissions Records Campus Life Financial Aid and Housing Counseling & Health Services Recreation and Athletics Office of VP Research Prog/Int'l Relations Planning Office Development Office
Tuesday, July 8	Library Main Campus Library Law School Library GCC Office VP Academic Affairs School of Education
Wednesday, July 9	Open to All

Town Meeting-Proposal for National Budget

There will be a Town Meeting on Wednesday June 18th, 2008 at 8:00 p.m. at Wyndham Nassau Resort, Cable Beach for the Reviewing of the Proposed National Budget for the Benefit of Ordinary Bahamians. There will be a large panel of presenters, including School of Business lecturer Rupert Pinder, who will give their expert opinions on what the budget will mean for us, for jobs, for education, for tourism and for the prices of gas, food and electricity.

Request for Testing Services

All requests for testing services including proctoring of external exams are to be directed to the Testing Services Office or the Academic Affairs Office. Faculty members interested in serving as invigilators are asked to collect application forms from the Director of Testing Services, Ms. Anastacia Brown.

Young Inventors Competition

Ministry of Education, Youth , Sports & Culture in partnership with The Organization of

American States, the Caribbean Council for Science & Technology and National Institute of Higher Education, Research, Science and Technology announces the **National Young Inventors & Innovators Competition 2008**. If you're between 11 & 25 and have a creative spirit you can take part in this competition. Registration packages are available in schools, or contact Mrs. B. Dorsette at 502-2766 or Mrs. Bridget Hogg at 302-4438 for more information.

Out Of Office

Dr. Earla Carey-Baines will be out of office from 11th June – 3rd July, 2008 on vacation. Information requiring the attention of the Dean may be directed to Dean Brenda Cleare at ext. 4400 or Latoya Foster at ext. 4314.

Entertainment

Lawrence & Gabriella Carroll of Eurhythmics Studio present *Face The Music & Dance*, 17th June-18th June, 2008 at Crystal Palace. Tickets are \$45.00 and for further information contact the box office at 394-3578.

Carifesta

The Department of Culture is earnestly seeking to increase the number of authentic Bahamian craft items at Carifesta X in 2010. More space has been given to the Bahamian contingent and the Department wishes to make the presentation as stunning and culturally rich as possible. If you know of an artist or artisan who might be interested in having their items both displayed and sold at Carifesta X, please contact Melissa Allen at 326-0204 or at 326-0147; Wendell Demeritte at 326-0147 or at 326-0149; or Angelique McKay at geliquestmck@yahoo.com as soon as possible. Items include (but are not limited to): Books, Reproductions of paintings, DVDs, CDs, Jewellery, Shell crafts, Straw goods (various styles), T-Shirts, Clothing, Carvings, etc.

Chapter One Closed for Inventory

Chapter One will be closed for inventory count 28th June - 30th June. Normal business hours will resume on 1st July. Chapter One apologizes for any inconvenience caused.

Summer Fitness

The Wellness Centre is offering aerobics this summer for all employees and students. Three different forms of aerobics will be offered.

1. Soca aerobics, an intense workout that builds endurance, will be offered Monday – Thursday from 5:00 p.m. – 6:00 p.m.
2. Pilates a body conditioning routine that seeks to build flexibility and strength, will be offered Tuesday and Wednesday from 4:00 p.m. – 5:00 p.m.
3. Sculpt and Tune an intense regimen that builds strength and coordination without adding muscle bulk, will be offered on Tuesdays from 5:00 p.m. – 6:00 p.m.

Interested persons are asked to contact Bradley Cooper at Ext 4592.

Volunteers are needed for COB initiatives...

Volunteers are being sought for The College's beautification and paper reduction initiatives. Volunteer committees have been formed and an invitation is extended to the college family to participate. The committees formed thus far are the Electronic Forms Project, Campus Beautification Summer Project and the Document Retention and Disposal. The respective chairpersons are Dr. June Wilson, Mr. Anthony Burrows and Ms. Prestonia Wallace. For further information please contact the chairpersons.

Events Calendar

Institutional Planning is requesting dates for the Events Calendar for the period August 2008 to July 2009. Please send details of your events to William Fielding at wfielding@cob.edu.bs as soon as possible.

Coastal Awareness Photo Essay Competition...

This photographic essay competition sponsored by the Bahamas Reef Environment Educational Foundation (BREEF) is designed to promote an appreciation for the coastal environment. The photo essay is a combination of images and text that tell a story to inform, educate and evoke a response in the viewer. All images must be original and taken by the entrant in The Bahamas. The text submitted with the image should make a clear link between the photograph(s) and the selected theme. Interested persons may submit digital entries to Charlene@breef.org or hard copies mailed to BREEF, P. O. Box N-7776, Nassau, Bahamas.

National Art Gallery of The Bahamas Outdoor Film Series

NAGB Outdoor Film Series has begun again. Look out for movies on Thursdays through the summer.

Thursday 26th June - BLUE

8 pm at the National Art Gallery's Outdoor Theatre, West Hill St. T: 328-5800.

Health Tip for the Week:

Walk 10 Minutes a Day and Increase Your Fitness Level: Old thinking was to work out in a sweat-filled gym for hours a day. No pain, no gain. New studies show that even short bouts of activity can increase your fitness level, especially if you're new at working out.

Park and Walk: Whenever you have an errand, park your car as far away as you can handle and walk to the store. At the mall, park at the farthest end and walk the length of the mall. Use every opportunity to walk. At the end of the day, it all adds up to better fitness.

Thought for the Week: Don't let someone become a priority in your life, when you are just an option in their life.... Relationships work best when they are balanced

Safety Tip for the Week:

Teach your children kitchen safety. The kitchen can be the most dangerous room in the house. Keep sharp objects out of children's reach. Always turn the handles of pots and

pans on the stove inward so that children can't reach them. Always supervise young children in the kitchen.

The College of The Bahamas Bulletin is issued weekly. If you have information that is pertinent to The College community, particularly those that require mass mailing, please email bulletin@cob.edu.bs