Appointment To COB Council
Two high profile and influential members of Bahamian society and College of The Bahamas Alumnae, Vernice Walkine and Tanya McCartney, have been appointed to The College Council.

Ms. Walkine, one of the first group of students to graduate from the new College of The Bahamas in 1977, is the highest-ranking woman in the history of Bahamian tourism and presently holds the position of Director General of the Bahamas Ministry of Tourism. Miss McCartney currently serves as Managing Director of RBC FINCO, having joined RBC Royal Bank of Canada in June of 2006 as Regional Manager for Compliance for The Bahamas and Caribbean with responsibility for eight countries in the Caribbean.

Chairman of the The College of The Bahamas Council, T. Baswell Donaldson, said, "As Chairman of the Council I am indeed happy to welcome these two distinguished alumnae of the College on to the Council. I am confident that as we transition to university, their input will be both timely and appreciated."

Congratulations
Congratulations to our men’s and women's track teams who participated in a meet in Tampa, FL recently. Team COB turned in some outstanding performances. Below are some of the results.

<table>
<thead>
<tr>
<th>Name</th>
<th>Event</th>
<th>Result</th>
<th>Place</th>
</tr>
</thead>
<tbody>
<tr>
<td>KOFHE MILLER</td>
<td>100 METERS</td>
<td>10.87</td>
<td>1ST</td>
</tr>
<tr>
<td>CHARLES WATKINS</td>
<td>LONG JUMP</td>
<td>21’11/2”</td>
<td>3RD</td>
</tr>
<tr>
<td>SHANIKA RILEY</td>
<td>100 METERS</td>
<td>13.58</td>
<td>2ND</td>
</tr>
<tr>
<td>CORLETTE PICKSTOCK</td>
<td>100 METERS</td>
<td></td>
<td></td>
</tr>
<tr>
<td>YANIQUE CLARKE</td>
<td>LONG JUMP</td>
<td></td>
<td></td>
</tr>
<tr>
<td>ITSA SMITH</td>
<td>1500 METERS</td>
<td>5:40.22</td>
<td>1ST</td>
</tr>
<tr>
<td>TABRIS FORBES</td>
<td>1500 METERS</td>
<td>6:29.30</td>
<td>2ND</td>
</tr>
<tr>
<td>KENNDY SCAVELLA</td>
<td>LONG JUMP</td>
<td>21’4”</td>
<td>1ST</td>
</tr>
<tr>
<td>SASHA ANDERSON</td>
<td>200 METERS</td>
<td>27.45</td>
<td>2ND</td>
</tr>
<tr>
<td></td>
<td>200 METERS</td>
<td>21.99</td>
<td>1ST</td>
</tr>
<tr>
<td></td>
<td>LONG JUMP</td>
<td>16’7”</td>
<td>3RD</td>
</tr>
<tr>
<td></td>
<td></td>
<td>16’11”</td>
<td>1ST</td>
</tr>
<tr>
<td></td>
<td>100 METERS</td>
<td>11.02</td>
<td>2ND</td>
</tr>
</tbody>
</table>
Coach Bradley Cooper was pleased with the team’s performance and noted the hard work the team has been putting into its practices.

Also, congratulations go out to all staff members who recently received promotions. Best wishes for continued success.

**Volleyball Team**
The College’s women’s and men’s volleyball teams are participating in an Independence Volleyball tournament hosted by the New Providence Volleyball Association (NPVA) July 7-9, 2008 at the Kendal Isaacs Gymnasium. Please show your support for Coach Dotson and the team!

**Welcome Aboard**
As of July 1, 2008, Ms Melanie Roach has joined the College family in the capacity of Consultant, Capital Projects, and will be located in office A99. Ms Roach will be with The College for one year, during which time she will advise on and analyze the development of all capital projects, facilitate project management training and liaise with government agencies.

Ms. Roach has extensive experience in this field; she comes to The College after two years at Atlantis as Senior Director of Engineering and over twenty years in various capacities at the Ministry of Works and Transport, including two separate stints as Director of Public Works.

We look forward to her input and expertise and feel sure she will be made welcome by all members of The College Community.

**Condolences**
Mrs. Mabel Bostwick, adopted mother of Mrs. Sonia Forbes in the Campus Life Department, passed away. She was laid to rest on Saturday, July 5, 2008.

Also, Adrian Wilson, son of Dr. Silvius Wilson, Assistant Professor in the School of Social Sciences, drowned in a tragic accident at the weekend. Let us remember both families in our prayers.

**Out of Office**
Mrs. Claire Charlow-Patton, Director of Records, is out of office from Monday, June 30 – Tuesday, July 22, 2008. All queries are to be directed to Mr. Nikita Austin, Assistant Director of Records.

Dr. Brenda Cleare will be out of office from Monday, June 30 to Friday, July 11, 2008 and will return on Monday, July 14, 2008. Any urgent matters can be referred to Dr. Earla Carey-Baines, Dean of the Faculty of Liberal and Fine Arts, or Dr. Rhonda Chipman-Johnson, Executive Vice President, Academic Affairs.

Dr. Marjorie Brooks-Jones is currently on vacation and will be out of office until Monday, August 11, 2008.

**Half-Term Dates**
The Fall half-term will be on October 9 & 10 2008 due to the Discovery Day holiday being moved to October 13.

**Young Inventors Competition**
The deadline for entry for the National Young Inventors and Innovators Competition has been extended to July 31. Details are available at www.gocreativebahamas.com
**ID Badges**
The Office of Admissions is still in the process of taking staff ID photographs. Please find the schedule below:

**Monday, July 7**
- Registrar’s Office
- Admissions
- Records
- Campus Life
- Financial Aid and Housing
- Counseling & Health Services
- Recreation and Athletics
- Office of VP Research, Grad. Prog. & Int’l. Relations
- Planning Office
- Development Office

**Tuesday, July 8**
- Library Main Campus
- Library Law School
- Library GCC
- Office VP Academic Affairs
- School of Education

**Wednesday, July 9**
Open to All

Please make every effort to go on your assigned day.

**Events Calendar**
Institutional Planning is requesting dates for the Events Calendar for the period August 2008 to July 2009. Please send details of your events to William Fielding at wfielding@cob.edu.bs as soon as possible.

**International Conference in Singapore in January 8-10, 2009 (Call-for-papers)**
The 2009 International Conference on e-Commerce, e-Administration, e-Society and e-Education invites people to submit papers for its conference on January 8 – 10 in Singapore. The conference is organized by the International Business Academics Consortium (IBAC) and the Knowledge Association of Taiwan (KAT). It is sponsored by National Taipei University, Shih Chien University, the Academy of Taiwan Information Systems Research and SIM University, Singapore. Papers must be submitted electronically through the conference website [http://www.e-case.org/2009](http://www.e-case.org/2009) and the deadline is August 18, 2008.

**July 10 - Thursday**

**Bahamas 35th Independence**
July 12 - Saturday
BNT Independence Day Celebration
Presented by The Bahamas National Trust. Features free guided tours, live Bahamian music, games with prizes, plaeting the maypole, bouncing castle, food and more. Celebration held 10 am - 5 pm at the Harrold and Wilson Ponds National Park, corner of Sir Milo Butler Highway and Fire Trail Rd.

July 12 - Saturday
Grand Bahama Just Rush Independence Weekend
"Just Rush" Junkanoo Parade will now be held Saturday July 12, Independence weekend. It's billed as the biggest Grand Bahama Junkanoo event ever held. Grand Bahama groups will compete against Nassau groups for $100,000 in prizes. Sponsored by the Grand Bahama Port Authority, Grand Bahama Power Company, Ministry of Tourism, Burns House and KALIK Beer.

Until Aug 30
Custom Computers Make the Grade & Win
Take your child’s report card to Custom Computers, East Bay St. before Aug 30 and for every 'A' they can enter to win a 20" iMac computer, iPod Touch or HP laptop. Drawing held end of summer at a special location. Family Island students can register online at: www.customcomputers.bs T: 322-2115.

Sir Durward Book Signing
Gold medal winner in the Tokyo Olympics in 1964 and bronze medal winner at the Melbourne Olympics in 1956, Sir Durward Knowles, will be a guest author in Chapter One Bookstore. Sir Durward will sign copies of his new book “Driven by the Stars” on Saturday, 19th July from 12 noon-5:00p.m.

Health Tip for the Week:
Cut Fat
Avoid the obvious such as fried foods, burgers and other fatty meats (i.e. pork, bacon, ham, salami, ribs and sausage). Dairy products such as cheese, cottage cheese, milk and cream should be eaten in low fat versions. Nuts and sandwich meats, mayonnaise, margarine, butter and sauces should be eaten in limited amounts. Most are available in lower fat versions such as substitute butter, fat free cheeses and mayonnaise. Thought for the day: Lean, mean, fat-burning machine.... Then be one!

Safety Tip for the Week:
Falls are a leading cause of injuries, hospitalizations and deaths among the elderly. The majority of falls happen in the home. Many falls can be prevented by following these guidelines:

- **Maintain a regular exercise program.** Exercise improves strength, balance and coordination.
- **Make your home fall-proof.** Remove tripping hazards such as papers, books and shoes from floors and stairs. Remove throw rugs that may slip or secure them with double-sided tape. Use non-slip mats in bathtubs and showers. Have grab bars and/or a bath chair installed in bathrooms. Make sure that your home is well lit and that staircases have handrails.
- **Have your vision checked by an eye doctor.** Poor vision can increase the risk of falling.

“Never explain yourself to any one. Because the person who likes you doesn’t need it and the person who dislikes you won’t believe it.” (pravsworld.com)
The College of The Bahamas Bulletin is issued weekly. If you have information that is pertinent to The College community, particularly those that require mass mailing, please send information by noon on the previous Friday to ensure it is included in the next week’s edition to bulletin@cob.edu.bs or communication@cob.edu.bs