



**Monday, 21st July, 2008**

## **Condolences**

Funeral services for D'Anthony Charlton, son of Mrs. Janet Charlton will held on Saturday 26<sup>th</sup> July, 2008 at 10:00 a.m. at Faith Tabernacle Highway Church of God, Golden Isles Road, Off Carmichael Road.

## **Out of Office**

Mr. Wellington Francis will be out of office from Monday, 21<sup>st</sup> July, 2008 – Monday 25<sup>th</sup> August, 2008. All queries are to be directed to Mr. Anthony Burrows, Estate Administrator or Mr. Alexander Darville, Assistant Director Security Department.

## **Online Registration**

All current students at The College of The Bahamas are encouraged to register online for Fall classes. Students have until Friday, August 1<sup>st</sup> to register online. Persons who register after this time will be assessed a late registration fee of \$150.00. Online registration means you can register from your home or at any computer that has internet access. Log onto [www.cob.edu.bs](http://www.cob.edu.bs) and begin your registration process today.

## **Chapter One Bookstore**

**Chapter One Bookstore is offering 50% off on all Hooked on Phonics kits. Reading, Handwriting, Spelling, Math, Spanish, French and Chinese, while supplies last CASH ONLY.**

## **Senorita G. Strachan Memorial Scholarship**

A one year \$2,000.00 award. The children, friends and relatives of Senorita Gloriana Strachan nee Moss, educator, counselor, church woman and activist, have come together to honour her memory by creating a scholarship opportunity for students enrolled at The College of the Bahamas. The award will be granted on the basis of academic achievement and financial need. The recipient must be enrolled at The College of The Bahamas and must have at least 90 credits towards a degree. Full and part-time students are eligible. Preference will be given to single mothers. Download applications from website <http://ianstrachan.wordpress.com/scholarship/>. Send applications to [strachantalk@gmail.com](mailto:strachantalk@gmail.com) or The

Senorita Strachan Memorial Scholarship, PO Box SB 52746, Nassau, The Bahamas. Applications, deadline July 30, 2008. Call (242) 302-4381 for more information.

## **Half-Term Dates**

The fall half-term will be on 9<sup>th</sup> & 10<sup>th</sup> October, 2008, due to the Discovery Day holiday being moved to 13<sup>th</sup> October.

## **Young Inventors Competition**

The deadline for entry for the National Young Inventors and Innovators Competition has been extended to 31<sup>st</sup> July. Details are available at [www.gocreativebahamas.com](http://www.gocreativebahamas.com)

## **ID Badges**

The Office of Admissions is still in the process of taking staff ID photographs. Persons who may have missed their office allotted time are asked to have their ID photographs taken this week.

## **Events Calendar**

Institutional Planning is requesting dates for the Events Calendar for the period August 2008 to July 2009. Please send details of your events to William Fielding at [wfielding@cob.edu.bs](mailto:wfielding@cob.edu.bs) as soon as possible.

## **Kiwanis Club of Nassau**

The Kiwanis Club of Nassau, a sponsor of the Circle K Club at The College, is having its annual steak-out. It is to be held Saturday 26th July 2008 from 11:00a.m.-5:00p.m. at R.M.Bailey Park. The Menu is: Chicken or steak with rice, corn and tossed salad. The price of a ticket is \$10. For tickets, please contact DeAndra Cartwright, President of the Circle K Club at [dvc322000@yahoo.com](mailto:dvc322000@yahoo.com) or at the Admissions Office at extension 4499.

## **International Conference in Singapore in January 8-10, 2009 (Call-for-papers)**

The 2009 International Conference on e-Commerce, e-Administration, e-Society and e-Education invites people to submit papers for its conference on 8th-10th January in Singapore. The conference is organized by the International Business Academics Consortium (IBAC) and the Knowledge Association of Taiwan (KAT). It is sponsored by National Taipei University, Shih Chien University, the Academy of Taiwan Information Systems Research and SIM University, Singapore. Papers must be submitted electronically through the conference website <http://www.e-case.org/2009> and the deadline is 18th August, 2008.

## **Health Tip for the Week:**

### **Kidney Infection**

Known medically as pyelonephritis (PI-low-nef-RI-tis), kidney infections usually start in the bladder. If your resistance is low, germs from the bladder can travel up the tubes (ureters) that lead to the kidneys, take up residence, and multiply. An acute kidney infection starts suddenly with severe symptoms, then quickly comes to an end. A chronic kidney infection develops slowly, grows steadily worse, and hangs on. The chronic variety can lead to kidney failure. Conditions such as pregnancy, diabetes, cancer, kidney stones and abnormalities of the urinary tract can lower your ability to fight off the bacteria that cause kidney infections. Foley catheters (tubes inserted through the urethra to drain

the bladder) can also lead to infection if left in place for extended periods. Women sometimes contract kidney infections when bacteria get into the urinary tract following sex.

Usually symptoms come on very fast. They include fever, chills, pain, upset stomach, low back pain, vomiting, a constant need to urinate or an inability to urinate at all, blood in the urine and pain or a burning sensation during urination.

## **Safety Tip for the Week:**

### **Home Safety**

One of the most effective means to protect your home is to take steps to reduce the impact of disaster. This is called mitigation. Examples of mitigation are: constructing buildings away from flood plains and hurricane surge inundation areas, upgrading homes to prevent damage from wind, flooding and earthquake and reducing hazards within the home.

Some examples of mitigation are as follows:

- Make sure your home complies with local building codes that pertain to seismic, flood, fire and wind hazards.
- Make sure your roof is firmly secured to the main frame of the house.
- Consider options for upgrading your home to withstand flooding, earthquakes and high winds.
- Consider options for flood-proofing your home. Determine whether your home can be elevated to avoid future flood damage.
- Consider installing a fire sprinkler system.
- Consider the need for purchasing storm shutters for all exterior windows and doors.
- Obtain information specific to your area and home. Sources include: local emergency management officials, zoning and building offices, hardware dealers, home inspectors, structural engineers and architects.
- Find out about the hazards your community is vulnerable to

*“Everything in this world can be seen as you wish to. Good or Bad; Simple or Complicated; Easy or Difficult. It’s not how things are; it’s about how you look up to them.. and how you look up to them is all up to you..”*

*(pravsworld.com)*

**The College of The Bahamas Bulletin is issued weekly. If you have information that is pertinent to The College community, particularly those that require mass mailing, please send information by noon on the previous Friday to ensure it is included in the next week’s edition to [bulletin@cob.edu.bs](mailto:bulletin@cob.edu.bs) or [communication@cob.edu.bs](mailto:communication@cob.edu.bs)**